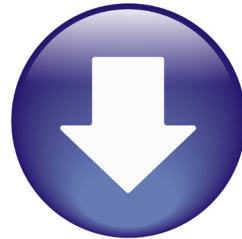St. Joseph's
Home Care

STOP • DROP • ROLL
What to do in case your clothing is on fire

STOP

- If your clothes catch on fire — STOP
- Don't run, it could make the fire worse

DROP

- DROP to the floor
- Cover your face with your hands

ROLL

- Roll over and over on the ground until you put out the fire

COOL

- Cool burn with water
- Seek medical attention

Keep yourself safe