

KITCHEN FIRE SAFETY

Tips for clients and residents



When cooking

- Don't leave the kitchen while food is cooking on the stovetop
- Continuously check on items cooking in the oven
- Don't cook if you are sleepy, if you have been drinking alcohol or if you've taken medication that makes you drowsy

Keeping things neat and tidy

- Keep pot holders, food packaging, cookbooks and other combustibles off the stovetop
- Wipe up spills and clean your oven; built-up grease can catch fire
- Keep curtains, dish towels, or any items that burn away from the stovetop



Dress for the occasion

- Loose clothing can catch fire. Wear close-fitting clothing or roll up your sleeves

Electrical safety

- Replace cracked or frayed cords
- Use only one appliance on the same circuit at a time
- If an appliance feels too hot, smokes or gives off a funny odour, unplug it immediately and replace it or have it serviced

Prevent Burns

- Open microwaved food slowly and let it cool before eating
- Never use a wet oven mitt - it could become steam and scald you with heat
- Turn pot handles in so you don't bump into them

Nothing underfoot

- Declare a three-foot perimeter around the stove to be a kid- and animal-free zone

Keep yourself safe